
Bitachon Weekly

----- By Rabbi Yehudah Mandel Shlita -----

פרשת שלח תשפ"ו

Being Positive and Accepting Is Mamash Everything

The Seforim HaKedoshim say that our Dor are Gilgulim (souls that returned to this world) from Dor HaMidbar. It is fascinating how the Torah is constantly harping on one type of sin, i.e., **kvetching**! From last week's: מתאוננים complainers, and this week's Meraglim, and next week's: קרח Korach and his flock. There are 613 Mitzvos in the Torah. And of course, there is Chesed which is: עולם חסד יבנה תהלים פט the foundation of the world, and how about the Mitzva of Talmud Torah which is: כָּלֶם כְּנֶגֶד equal to all the other Mitzvos together. Why did "complaining" suddenly become the #1 culprit in our lives?

Look how these Parshiyos are like a broken record message: Don't complain! Be positive and accepting; this is Mamash everything. And it's actually about having true Bitachon and being Sameach B'chelko. Look at the unreal Onshim (punishments), Rachmana Litzlan. Being burned alive, Rachmana Litzlan! Being swallowed up by the ground, Rachmana Litzlan! A whole Dor dying in the Midbar horrible deaths, Rachmana Litzlan! Losing Olam HaBah, Rachmana Litzlan! It's not so simple if you're allowed to be Dan the Meraglim L'kaf Zechus!

And you actually get punished for crying and for worrying, like it says: וַיִּבְכוּ הָעָם בַּלַּיְלָה הַהוּא יד א fateful night, and Chazal say that this crying caused: בָּכָה weeping for generations! And as a result of this crying, the Churban of both Bais Hamikdash's (the first and the second) happened that night (Tisha B'av)! Guess what? In Novardok I was given a program by my Rebbe, R' Ozer Schwartz Zatzal, and part of it was a Kabala (resolution) not to worry (considered a: חֲסָא חֲמִירָא serious Chet) for one minute a day. An eye witness saw R' Gershon Liebman Zatzal for 5 years in the concentration camps, and he never, ever complained!

View That Scary Person in Your Life with Rachmanus

Many years ago, in a South American country, a very Chashuva girl was chosen to be valedictorian in a gigantic girl's school. She had to make a speech in front of hundreds, and she was petrified. There may be a Chinuch in having Kavod and Derech Eretz (that too can use some help), but unfortunately a Chinuch in: מ'טל belittling is lacking, i.e. to be M'vatel humans and not consider every Chashuva person a g-d! In all probability, all "those" important people have all kinds of serious issues that the public may not even know about.

This fancy lady, or Chashuva Yungerman with his long beard, have just discovered a sad diagnosis in the family, Rachmana Litzlan. And we're so scared of them! And this other guy is at the verge of divorce, or bankruptcy, or isn't on speaking terms with close family members, or just lost his job, or desperately needs larger living quarters. I advise people to assume that such things are actually going on. Everything looks rosy on the outside, and everybody is at their best behaviors in public (when you see them).

But he looks so happy and confident! They are all hiding their perpetual Ka'as, and Ta'ava, Kin'ah, Sin'as Chinam, depression, and Ga'ava issues. By the way, everybody has some serious issue, or else he's ready for "Yenner Velt" and he can join the Malachim. This is what I call a Chinuch in being M'vatel other people, and not being Nis'pael from a:

Singing Is a Form of Building and Producing and Growing

Just like sadness brings destruction and Churban and: בְּכִיָּה weeping for generations, so does Simcha bring: בְּנִין building, like it says: שִׁיר חֲנֻכַּת הַבַּיִת לְדָוִד song of the Bais Hamikdash of Dovid.

The reason why the Bais Hamikdash is named after Dovid is the mere fact that he **wanted** to build it (and only Shlomo really built it) **since his constant singing despite all his Tzaros is in itself a form of: בְּנִין building and producing and growing.**

Dovid is also the author of: אֶל יְהוֹשֻׁעַ עֶצְמוּ מִן הַרְחָמִים בְּרוּכָה יָא Even if a sharp sword is resting on a person's neck, he shouldn't lose hope. Dovid never gives up! Just the opposite of Dor HaMidbar, who cried and cried with Tza'ar and Yi'ush. This is Kalev's mentality, when he said: כִּי יָכֹל ה' We **can** succeed! Positivism! Bitachon! Don't ever be afraid and worried and anxious; you have Hashem who took us out of Mitzrayim and can do anything! ה' יָכֹל He can do anything!



Novardok

People Who Are Always Breaking Their Middos Are Zoche to Big Madregos

A Bachur in his Yeshiva told me a story about himself. When he was younger, he was quite wild, and once R' Gershon Zatzal hit him. (It's hard to believe this, but this is what he told me). The next day R' Gershon gave a Shmuess in front of the Yeshiva and he mentioned B'rabim (in public) that his hand was hurting him all night. He felt it was a punishment for hitting this Bachur.

The Bachur told how good he felt that R' Gershon was actually saying that Hashem stuck up for him! He became one of R' Gershon's Chasidim and he improved. R' Gershon prided himself with Middas Hachna'a. He would learn plenty of Mussar to get in the mode of wanting to be Mach'nia. In Novardok it is a great status to be warm and Eidel, and to speak softly with Hachna'a.

"You take that from him?" are poison words in Novardok. They show Ga'ava and N'kama and Ka'as and all the bad Middos. Of course there are no rules with these things, and at certain times, a person needs to be assertive. I once saw Rabbi H. Shlita kissing again and again a person who had been: פוֹגֵעַ interfered with his Kavod.

Ha'tavah B'makom Hakpada i.e., Davka doing a favor (Ha'tavah) instead of being upset (Hakpada), is a famous Novardok Yesod. I know a story about an old Novardoker who was hurt by someone, and he was looking for ways to break the ice in their relationship. He kept calling this person, to find out different telephone numbers. By the way, this old Novardoker was well known for Ruach HaKodesh. People who are always breaking their Middos are Zoche to big Madregos.

A friend of mine had a difficult marriage, and his wife wasn't easy. He went to an old Novardoker and poured his heart out to him. The Novardoker was amazed? You are so lucky! With such a wife you can Shteig and become great! I would imagine he meant Shteiging in Anava, and not taking N'kama, and Vitur (giving in), and being Dan L'kaf Zechus, etc. You need lots of Mussar to have this Torah mentality.



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